



ANNUAL ACTIVITY REPORT

FOR THE FISCAL YEAR ENDING
DECEMBER 30, 2021



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Introduction

Action Girls Foundation (AGF) is a registered non-profit organization in Tanzania that works to promote adolescents' awareness on Sexual and Reproductive Health and Rights (SRHR). Located in Dodoma, the country's center, reaches communities in rural and urban settings as important partners towards young people's realization of sexual and reproductive health and rights.

AGF runs school health clubs where girls and boys get together to discuss topics around adolescent sexual and reproductive health, covering components of menstrual health and hygiene management, the end of menstrual shame, gender-based violence, HIV/AIDS prevention and mental health awareness.

We facilitate community events and sensitization meetings, engaging parents/caregivers, school teachers, health care providers, and decision makers so as to advocate and challenge harmful gender norms that deprive girls' rights. We also conduct local radio programs to create awareness, reaching a wider audience and encouraging partnership in bringing positive change across communities.

Vision

We envision a society where adolescent girls achieve their full potential in life.

Mission

We are working towards a bright future of adolescents to promote their awareness on Sexual and Reproductive Health and Rights (SRHR).

Core values

Courage:

We advocate for the rights of the girl child in society where she is marginalized and undervalued.

Partnership:

we believe in long-term shared goals and complementary strength through collaborating with others.

Integrity:

We prioritize transparency & accountability in our work.

Respect:

We recognize differences in cultures and respectively work to change harmful practices

Message from our director

We are delighted to present this report to you. This report highlights various initiatives regarding sexual and reproductive health and rights by engaging communities in rural and urban areas. AGF programs reach beneficiaries who are both in and out of school. While focusing on youth, we raise awareness, build capacity, and advocate for sexual and reproductive health and rights and the end of menstrual stigma. AGF has reached over 3000 adolescents in Mpwapwa DC through AGF secondary school health clubs. We have also interacted with teachers, parents/caregivers, and healthcare providers to create a friendly platform and support system for adolescents. Furthermore, AGF has also engaged with out-of-school young mothers and peer educators, who have been educated on SRHR, HIV/AIDS and gender-based violence prevention measures. The total number of people reached directly is 27,404. While our awareness campaigns have reached over 600,000 people in the central regions through media outlets. In addition, we have worked to build the capacity of the students in the production of handmade reusable pads. AGF has established partnerships with the Ministry of Health, Ministry of Community Development, Gender, Women and Special Groups; local government authorities and relevant stakeholders to execute related interventions

Last year, AGF participated in different events both at the national and international levels to share experience and knowledge on health and gender issues, such as a panel discussion on women's participation in leadership and resource ownership during CSO Week 2021. The G4W Menstrual and Mental Health Research Community Stakeholders Event, and discuss links between menstrual and mental health in Tanzania's context. We also participated in the 2022 Virtual Forum of UN Women's 66th Commission on the Status of Women, to discuss how to create an effective public-private partnership to promote period equity.

Our plans include expanding this work and reaching more people. I invite our partners to support and learn about communities and how we bring together civil society, government, and the private sector at the local level, using innovative techniques to enable communities to uphold girls' rights. We hope these pages will inspire you to join us in our mission of being "Partners for Good"

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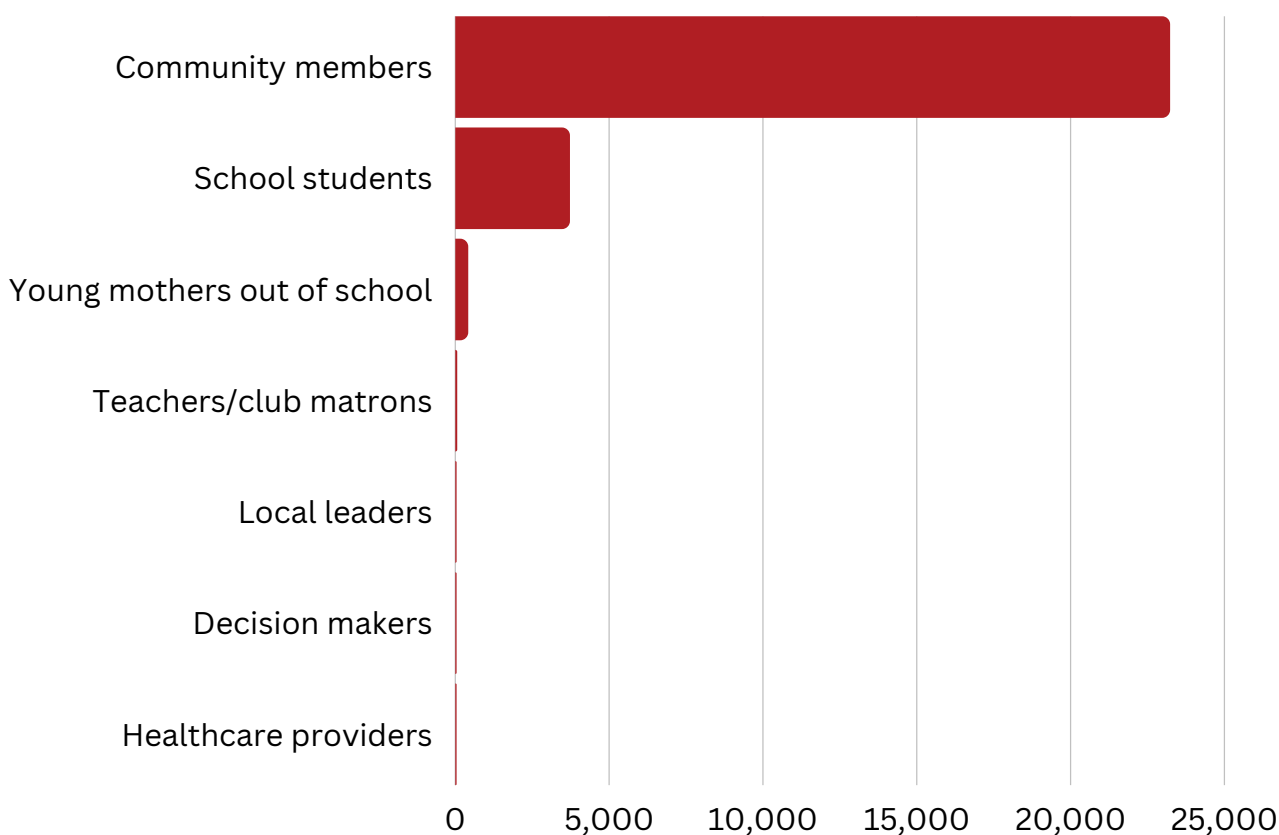
AGF has reached over 3000 adolescents in Mpwapwa DC through AGF secondary school health clubs.

Rabia Saad,

Founder and Executive Director

Impact and Outcome as of December 2021

New AGF club members and increased community engagement concerning SRHR awareness increased from 24% to 91% including menstrual health and hygiene knowledge.



The population reached indirectly through media outlets such as radio, online TV, and social media is estimated to be more than 600,000 listeners and viewers.

Main Activities

AGF school health clubs with SRHR capacity building

Through these health clubs, AGF capacitates club matrons and club leaders by bringing them together, and training them with common skills and discussion regarding menstrual hygiene and handmade sanitary pads. They later disseminate this information to their colleagues across their entire school.

01

Capacity building on Adolescence Sexual Reproductive Health, Mental Health Support and Life skills that reached 150 students and 10 teachers from primary and secondary schools in Mpwapwa DC.

02

In commemoration of Menstrual Hygiene Day, AGF provided sanitary pads to 30 school girls at Chunya secondary school. The students benefited for 3 months from the distribution of sanitary pads. Along with that, we provided menstrual hygiene education to 100 students and their school teachers.

03

AGF facilitated the discussion of the health club, Mazae Sekondari. A total of 20 girls met and discussed together the topic of life skills, the importance of self-awareness, as well as the importance of obtaining their basic rights and reporting incidents of violence.

04

A group of 30 AGF school health club students met and discussed together the topic of teenage pregnancies, their effects, as well as ways to prevent them.

05

AGF reached **420 students** in primary and secondary schools by providing education on gender-based violence during the commemoration of Day of African Child. These celebrations coincided with the slogan aimed at opposing acts of violence against children that said "Implement Agenda 2040 for Africa that protects Children's Rights"



06

Awarding the AGF school health club champions. We normally award our trained school health club members who demonstrate an active role in communicating age-appropriate messages about SRHR to fellow students.



Community Outreach

01

Outreach for young mothers at Bahi Health Center and donation of maternity pads to delivering young mothers, along with menstrual hygiene education. Conduct cleanliness at Bahi Hospital and hand over anti-bacterial washing soap for the hospital use.



02

Celebration of International Women's Day through providing gender equality education to community members who visited the booth. Through this, we were able to reach 50 people and discuss the importance of giving girls and women opportunities to participate in decisions at the family level to build their self-confidence.



03

Participation in the education stakeholders meeting and showcased the interventions that support primary education, reaching a total number of 112 people with the knowledge to end period stigma.



04

AGF celebrated the Day of Girl Child at Bahi DC. This celebration was held by gathering the opinions of 100 villagers about the change in the marriage law that allows a girl child to marry under the age of 18.

06

AGF participated in exhibitions and discussion about women's development during CSO Week, reaching a number of 500 people who visited the organization's booth to learn about AGF's work in the community.

Partnership and networks

01

Training AGYW with parenting skills in order to enhance positive parenting in families and the community, with the goal of reducing new HIV infections.



02

Organize the charity event to fundraise for school girls sanitary pads support so as to keep more girls in school.



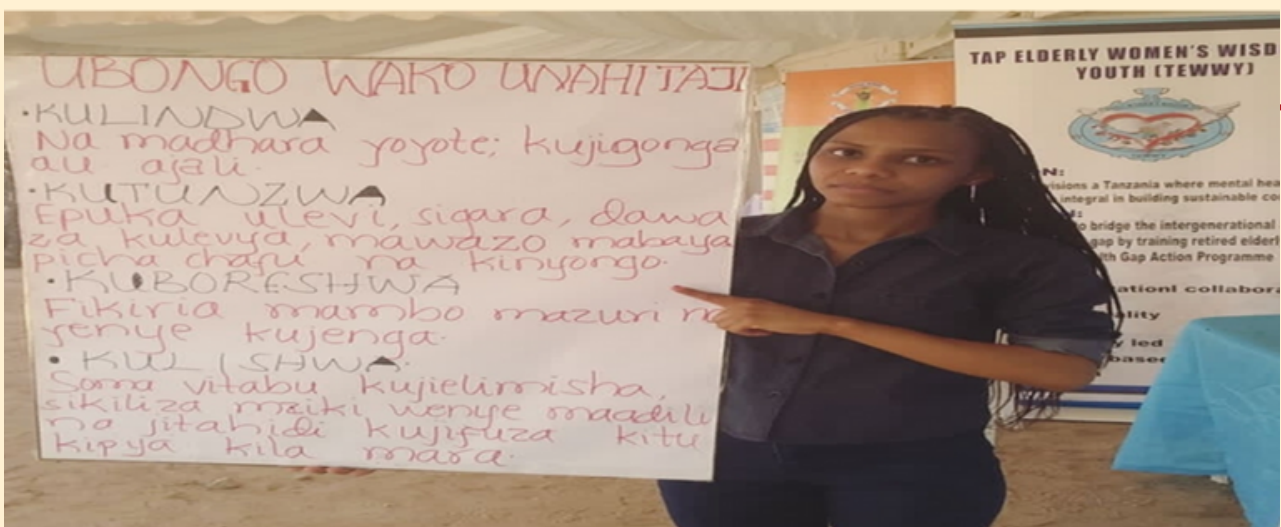
03

School uniforms donation to 7 students with special needs at Chazungwa primary school through the **Mvalishe Akasome** campaign.



04

AGF observed World Mental Health Day on the grounds of Mirembe Hospital by educating participants about the importance of mental health care.



Internal Activities

01

Leverage AGF's program as well as the presentation of the work plan for the implementation of the organization's activities to 5 head of departments for health, education, and social welfare at Bahi Council.



02

The official launch of the AGF website by the Permanent Secretary of the Ministry of Information, Communication, and Technology, Dr. Zainabu Chaula.



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Auditor Report



We are grateful to our partners, networks and individual supporters who contribute to the SDGs.

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